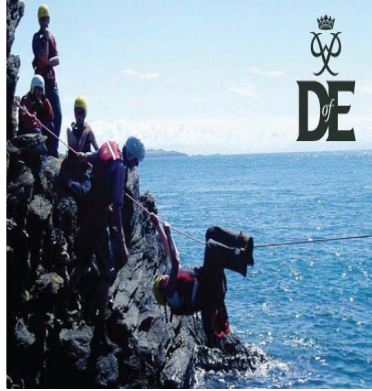


Duke of Edinburgh's Bronze Award

Physical Education



Exam Board: Enrichment course

Duration: 1 Year

What is it worth? The Award scheme is split into 3 levels, Bronze, Silver and Gold. Students will start on Bronze level.

Why take this course? Who is it for?

This course is for any student who is interested in a personal challenge. They will be working both on Individual and group tasks that are physical and mental.

What does this course involve?

A Bronze DofE programme has 4 sections, Volunteering, Physical, Skills and Expedition. You need be at least 14 years old to start a Bronze programme and you must do a minimum of 3 months activity for each of the Volunteering, Physical and Skills sections, and plan, train for and do a 2 day (1 night) Expedition. You also have to spend an extra three months on one of the Volunteering, Physical or Skills sections.

What possible progression routes are available after taking this course?

Once you have completed the Bronze Award you can progress onto the Silver and Gold Awards

What are the special features?

The Award is based around your experiences and what you want to do. You decide what you do to complete the award.

What possible careers follow on from this course?

Achieving an Award will give you skills, confidence and a view on life that everyone is looking for, from employers to colleges and universities. The Award is recognised by all industries and is looked on favourably by all employers. Careers include; Outdoor pursuits, services volunteering work.

How you will be assessed?

You will complete a log book which will then be signed off by an instructor

Who do I see for further information?

Mr Motson

Enrichment
Course