

# Sport BTEC Level 3

# Physical Education

## Student representative

Josef Zurek

"I have enjoyed the different units we study and have learnt a lot. I have been able to develop my skills from BTEC level 2"



**Exam Board:** EDEXCEL

**Duration:** 1 Year

**What is it worth?** 1 A level

**Why take this course? Who is it for?**

You must have achieved a grade B or above in the PE Diploma course. Practical skills assessed through coursework in real situations. No exams just on going assessment. Skills are practical and applicable, and favoured by employers. Excellent course for those interested in progressing to further education in sport.

**What does this course involve?**

In this course you will study 7 units of work:

- 1) Anatomy and Physiology
- 2) Fitness Testing
- 3) Physiology of Fitness
- 4) Fitness Training
- 5) Psychology
- 6) Sports Coaching
- 7) Assessing Risk

**What possible progression routes are available after taking this course?**

Students can progress onto the Level 3 BTEC Course. In most cases the sports industry require a Higher Education qualification, such as a degree, Foundation Degree or HNC/D.

**What are the special features?**

There are no exams on this course

**What possible careers follow on from this course?**

The range of careers include: lifeguard, leisure assistant, sports coach, trainer/instructor, sports development officer, Sports, leisure and events manager, sports engineer, performance analyst, performance nutritionist, sports, psychologist, physiotherapist, soft tissue therapist, performance lifestyle coach, teacher and journalist.

**How you will be assessed?**

You will be assessed by coursework and assignments.

The course is 100% coursework

**Who do I see for further information?**

Mr Speed

Current results  
**100% A-E**